SOPHIA GROWTH CANVAS

Organization name:

Date:

CURRENT GROWTH PHASE

Start → **Growth** → **Focus** → **Scale** → **Flow**

1

CHALLENGES & TENSIONS

"What feels stuck?", "Where is energy leaking?",
"What patterns keep repeating?"

2

FOCUS AREAS & PRIORITIES

"Are our current priorities aligned with our phase?",
"What's missing or underemphasized?"

3

ROLES, RHYTHMS & DECISIONS

"Who owns what?", "Which rhythms support us?",
"Where is decision-making slow or unclear?"

4

PATTERNS TO EXPLORE

"What SOPHIA patterns might help?",
"Why these patterns?"

5

NEXT STEPS & SIGNALS

Define how progress will be recognized
(not just outcomes, but signals of improved alignment or clarity).

6